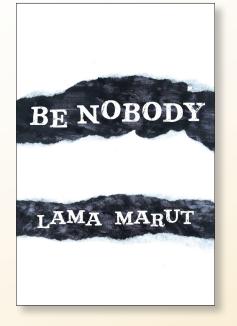
Praise for *Be Nobody*



On Sale: June 3, 2014 ISBN: 978-1-58270-454-8 \$16.00 • 5 1/2 × 8 3/8 • 256 p. "When we strive to be somebody, we are actually striving to be somebody else. This somebody else is the root of all our problems. The key to awakening is being who you already are. But as Lama Marut dares to tell us in this delightfully written and wise book: this authentic somebody is nobody at all. Reading this book is easy, and understanding is liberating. I invite you to do both."

> -Rabbi Rami Shapiro, author of Perennial Wisdom for the Spiritually Independent

"This is an amazingly powerful piece of work from a truly unique and dynamic nobody."

-Mary McDonnell, Actress

"In his trademark emphatic and no-nonsense style, Lama Marut provides a much needed critique of modernity that cuts to the root of every problem we currently face on the planet."

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"Here's some help in kicking your ego's butt, so that you can create a genuine spiritual life."

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"Lama Marut's *Be Nobody* fiercely examines our preoccupation with the "I", revealing how living on the "Me Plan" can never satisfy the hungry ego. The antidote he offers is truly liberating, not only for oneself but for all sentient beings."

-Michael Bernard Beckwith, author of Life Visioning

"This is no mystical pipe dream: the ideas in this book point to something every one of us can do. All of us want to be happy. We owe it to ourselves to become Nobody. Put this transformative book by your bed, and read it again and again."

-Lindsay Crouse, Academy Award Nominated Actress



